

WEEKLY MENUS

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	SPAGHETTI BOLOGNAISE	FISH FINGERS	ROAST CHICKEN STUFFING AND GRAVY	HOMEMADE PASTY	HOT DOG
CHOICE	ASSORTED DELI WRAPS	COTTAGE PIE WITH GRAVY	MACARONI CHEESE	BBQ CHICKEN FILLET	HOMEMADE PIZZA SLICE
CARBOHYDRATE	HOMEMADE GARLIC BREAD	MASH	ROAST & CREAMED POTATOES / GARLIC BREAD	JACKET WEDGES	CHIPPED POTATO
VEGETABLES	SALAD BAR	PEAS	SEASONAL VEGETABLES	BROCCOLI/BAKED BEANS	VEGETABLE STICKS
SWEET	FRUIT SHORTBREAD	CHOCOLATE PUDDING	RASPBERRY BUN	CARROT CUP CAKE	ORANGE COOKIE

Week 1 will start week commencing: 11th Sept 17, 2nd Oct 17, 23rd Oct 17, 6th Nov 17, 27th Nov 17, 18th Dec 17, 8th Jan 18, 29th Jan 18, 19th Feb 18, 12th Mar 18, 9th April 18, 30th Apr 18, 21st May 18, 4th Jun 18, 25th Jun 18, 16th Jul 18

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	SAUSAGE YORKIE WITH GRAVY	BEEF LASAGNE	ROAST PORK, STUFFING AND GRAVY	CHICKEN CURRY	CHICKEN BURGER IN A BUN
CHOICE	SALMON FISH CAKE	FILLED TORTILLA BOATS	CAULIFLOWER CHEESE BAKE	TOMATO AND HERB PASTA	TUNA AND CHEESE PANINI
CARBOHYDRATE	SAUTE POTATO	POTATO WEDGES	ROAST & CREAMED POTATOES	RICE / NAAN BREAD	CHIPPED POTATOES
VEGETABLES	SWEETCORN AND PEAS	MIXED SALAD	SEASONAL VEGETABLES	SALAD BAR	VEGETABLE STICKS
SWEET	APRICOT COOKIE	FRUIT JELLY AND ICE CREAM	BANANA FLAP JACK	ARCTIC ROLL AND FRUIT	FRUIT MUFFIN

Week 2 will start week commencing: 18th Sept 17, 9th Oct 17, 13th Nov 17, 4th Dec 17, 15th Jan 18, 5th Feb 18, 26th Feb 18, 19th Mar 18, 16th Apr 18, 7th May 18, 11th Jun 18, 2nd Jul 18

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CRISPY BATTERED FISH FILLET	CHICKEN NUGGETS	ROAST TURKEY STUFFING AND GRAVY	PIZZA	BEEF BURGER IN A BUN
CHOICE	SWEET AND SOUR CHICKEN	HAM PASTA BAKE	HOMEMADE SOUP WITH A FILLED ROLL	CHILLI CON CARNI	SALMON GOUJONS
CARBOHYDRATE	POTATO SMILES / RICE	SAUTE POTATOES	ROAST & CREAMED POTATOES	RICE / DICED POTATO	CHIPPED POTATOES
VEGETABLES	GARDEN PEAS OR MUSHY PEAS	SWEETCORN OR BAKED BEANS	SEASONAL VEGETABLES	COLESLAW	VEGETABLE STICKS
SWEET	MANDARINS/ICE CREAM WITH CHOCOLATE SAUCE	APPLE CRUMBLE WITH CUSTARD	CHOCOLATE MOUSSE SLICE	LEMON CUP CAKE	KRISPIE CAKE

Week 3 will start week commencing: 25th Sept 17, 16th Oct 17, 20th Nov 17, 11th Dec 17, 22nd Jan 18, 5rd Mar 18, 23rd Apr 18, 14th May 18, 18th Jun 18, 9th Jul 18

