

# Primary School Menu

January - March 2021



Arlwyo a Glanhau

**NEWYDD**

Catering & Cleaning

## MONDAY

### Tuna Pasta Bake

Served with sweetcorn and coleslaw.

\*Or\*

### Mac 'N' Cheese

Served with sweetcorn and coleslaw.

\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.

**pudding: Pears & Ice Cream.**

## TUESDAY

### BBQ Chicken

Served with potato wedges, peas & sweetcorn.

\*Or\*

### Fishcake

Served with potato wedges, peas & sweetcorn.

\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.

**pudding: Raspberry Sponge & Custard.**

## WEDNESDAY

### Roast of the Day

Served with mash and seasonal vegetables.

\*Or\*

### Veggie Roast of the Day

Served with mash and seasonal vegetables.

\*Or\*

Sandwich with choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: Fruit Jelly.**

## THURSDAY

### Chicken Meatball Tomato Pasta

Served with broccoli.

\*Or\*

### Cheese Topped Tomato Pasta

Served with broccoli.

\*Or\*

Sandwich with choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: Fresh fruit and yoghurt.**

## FRIDAY

### Chicken Nuggets

Served with chipped potatoes and veg sticks.

\*Or\*

### Quorn Bites

Served with chipped potatoes and veg sticks.

\*Or\*

Sandwich with choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: Cooks Fruit Cup Cake.**

## MONDAY

### Beef Bolognese

Served with garlic bread slice.

\*Or\*

### Veggie Bolognese

Served with garlic bread slice.

\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato & choice of Tuna Mayo, Cheese or Beans.

**pudding: Fruit Crumble.**

## TUESDAY

### Hot Chicken Wrap

Served with hash brown and baked beans.

\*Or\*

**Cheese and Vegetable Wrap** Served with hash brown and baked beans.

\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: Fruit Sponge and Custard.**

## WEDNESDAY

### Roast of the Day

Served with roast potatoes and seasonal veg.

\*Or\*

### Veggie Roast of the Day

Served with roast potatoes and seasonal veg.

\*Or\*

Sandwich with choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: Fruit Flapjack.**

## THURSDAY

### GF Fish Fillet

Served with mashed potato and baked beans.

\*Or\*

### Veggie Ravioli & Tomato Sauce

Served with mashed potato and baked beans.

\*Or\*

Sandwich & choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: Fresh fruit and yoghurt.**

## FRIDAY

### Beef Burger

Served with chips and vegetable sticks.

\*Or\*

### Veggie Burger

Served with chips and vegetable sticks.

\*Or\*

Sandwich with choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: Baked Biscuit.**

## MONDAY

### Fish Fingers

Served with herby diced potatoes and carrots.

\*Or\*

### Ocean Sticks

Served with herby diced potatoes and carrots.

\*Or\*

Sandwich with choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: Blueberry Muffin.**

## TUESDAY

**Beef Meatballs in YP and gravy** Served with potato wedges, mixed salad and coleslaw.

\*Or\*

**Veggie Meatballs in YP and gravy** Served with potato wedges, mixed salad and coleslaw.

\*Or\*

Sandwich with choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: Fruit Jelly & Ice Cream.**

## WEDNESDAY

### Roast of the Day

Served with mash and seasonal vegetables.

\*Or\*

### Veggie Roast of the Day

Served with mash and seasonal vegetables.

\*Or\*

Sandwich with choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: Chocolate Brownie.**

## THURSDAY

### Ravioli in Tomato Sauce

Served with garlic bread slice.

\*Or\*

**Salmon Tortelloni in Cheese Sauce** Served with garlic bread slice.

\*Or\*

Sandwich with choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: Reduced Fat Lemon Drizzle Cake.**

## FRIDAY

### Chicken Pizza

Served with chips and veg sticks.

\*Or\*

### Veggie Pizza

Served with chips and veg sticks.

\*Or\*

Sandwich with choice of Ham, Tuna, Chicken or Cheese.

\*Or\*

Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

**pudding: NEWydd Cherry & Raisin Oat Biscuit.**

WEEK 1

WEEK 2

WEEK 3